



# **GOLDEN BEAR INVITATIONAL 2017**

## **TIME SCHEDULE AND ORDER OF EVENTS**

**3:30 - 4:15 PM - Medical/Final Scratches need to be made at the tent**

**4:15 PM - Coaches Meeting (if needed)**

**4:30 PM - FIELD EVENTS - Girls - Shot Put and High Jump  
Boys - Discus and Long Jump**

**5:15 PM - OR- after completion of above field events:  
Girls - Discus and Long Jump  
Boys - Shot Put and High Jump**

**5:00 PM - PRELIMINARIES - Girls - 100 meter High Hurdles  
Boys - 110 meter High Hurdles  
Girls then Boys - 100 meter Dash**

**FINAL—Girls—3200 meter Run**

**PRELIMINARIES - Girls then Boys - 200 meter Dash**

**FINAL - Boys - 3200 meter Run**

**FINAL - Girls then Boys - 400 meter Dash**

**THIRTY MINUTE BREAK-----THIRTY MINUTE BREAK-----THIRTY MINUTE BREAK**

**FINALS - Girls then Boys - 4x800 meter Relay  
Girls - 100 meter High Hurdles (33")  
Boys - 110 meter High Hurdles (39")  
Girls then Boys - 100 meter Dash  
Girls then Boys - 4x200 meter Relay  
Girls then Boys - 1600 meter Run  
Girls - 300 meter Low Hurdles (30")  
Boys - 300 meter Intermediate Hurdles (36")  
Girls then Boys - 4x100 meter Relay  
Girls then Boys - 800 meter Run  
Girls then Boys - 200 meter Dash  
Girls then Boys - Shuttle Hurdle Relay  
Girls then Boys - 4x400 meter Relay**